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Cooking Diva

at Valle Escondido

by Staff

If you are a foodie and a blogger you have no doubt come across Melissa De Leon, The Cooking Diva, and award winning Internet blogger. Sam Taliaferro is both and located Valle Escondido's new chef in this manner.

The young, charming chef has an extensive, international education, which should delight patrons of VE's restaurants Sabor Escondido and El Higueron and possibly entice first timers out to the resort for a special meal.

The Diva aims to change the menus every month to month and a half to keep dining a fresh and interesting adventure with exotic as well as favorites features. "There are six traditional items not on the menus that can be requested from the kitchen on any given day". So ask for your favorite even if you don't see it.

Tasty and creative wraps are available at El Higueron, the perfect place for breakfast or lunch at a table by the river beneath the tree that is its namesake.

De Leon's original direction was in Hotel and Restaurant management giving her the background Taliaferro needed for success of his two onsite restaurants. Trained in everything from Thai to South American cooking, De Leon does her own shopping and procurement is a talented baker, and the author of hundreds of recipes found on her blog and websites. "I'm an alchemist," she says referring to her ability to combine healthy, flavorful, and interesting elements.

Diners at VE will be happy to hear that part of her plan is to increase portions and bring prices down thru smart purchasing and management. "We plan to have an on site herb garden and possible grown vegetables as well for use in the restaurants".

"Melissa has an extensive resume as a professional chef and she excels in creating art that you can eat. Not only is it pleasing to the eye and taste buds, it is also good for your health. As many of you know, I am committed to producing healthy eating in our restaurants, and with Melissa's help, I know we can accomplish this goal of enjoying wonderful healthy cuisine without sacrificing flavor. She spent 4 years in San Francisco running a business of supplying healthy cuisine for home delivery for people with special dietary requirements. Melissa really understands how to make healthy delicious food." stated Valle Escondido's Sam Taliaferro in the recent Valle Escondido newsletter.



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